



AL SIRAAT  
COLLEGE

# THE MURABBI

NURTURING THROUGH PROPHETIC PARENTING

Volume 2 Edition 1 • January 2026 / Sha'ban 1447 AH

## Preparing Our Families for Ramadan



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- Prophetic Parenting Series: Correcting Our Children's Mistakes
- Revive a Sunnah: Etiquette of Ramadan
- Sunnah Storytime with Guided Prompts

### Shared Stories

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- Tarbiyyah Video Series
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- The Quiet Lessons My Parents Taught Me
- Alumni Voices: Honouring Our Parents

### Family Activities

- Ramadan Planner for Families
- Colouring Page
- Family Quizzes
- Family Challenge



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We'd love to hear your  
thoughts!



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Feedback Form](#)

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## Our Mission

*The Murabbi* is an Islamic parenting magazine that supports families on their tarbiyyah journey. It offers simple and practical ideas to strengthen children's Islamic identity amid contemporary challenges.

## Who is a Murabbi?

A Murabbi guides and nurtures a child's moral and spiritual growth through intentional role-modelling, inspired by the teachings of the Qur'an and the example of the Prophet Muhammad ﷺ.

## What is Tarbiyyah?

Tarbiyyah is a holistic, lifelong process that forms a human being physically, intellectually, emotionally, morally, and spiritually. It requires daily practice, disciplined routines, gentle correction, and the modelling of values we want our children to live by.



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# Editorial

by Mahdi Marican

Editor, *The Murabbi*



Alhamdulillah, it is with great pleasure that we welcome you to the January 2026 edition of *The Murabbi*.

In this edition, we are pleased to announce the launch of the *Murabbi Video Series*, a monthly video initiative developed in collaboration with Professor Mohamad Abdalla. This series is designed for parents and families, offering structured, accessible insights into the foundations of tarbiyyah and its application in contemporary family life. We hope these monthly reflections become a useful resource for discussion within homes, strengthening the partnership between school and family in the upbringing of our children.

This issue also features an Alumni Voices section, where some of our graduates reflect on honouring their parents. These reflections serve as a reminder to parents that the tarbiyyah they give today leaves a lasting imprint: children remember the lessons, sacrifices, and values they were raised with, often recognising their impact many years later.

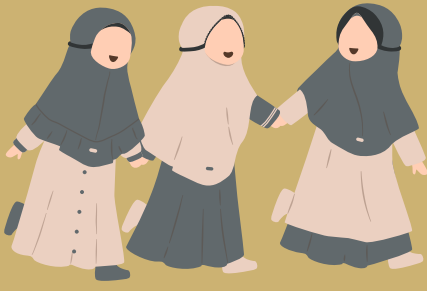
We hope that these reflections offer comfort to parents that their everyday efforts, often unseen, will be worthwhile in the end, in sha Allah.

As we prepare for the blessed month of Ramadan, this edition invites families to reflect on nurturing our children through a holistic lens. Alongside spiritual preparation, we explore aspects of physical tarbiyyah, Sunnah-based family practices, and reflective guidance aimed at helping households enter Ramadan with greater mindfulness and intentionality.

Looking ahead, parents and community members can also look forward to a series of upcoming parenting workshops and lectures throughout the year in sha Allah, designed to further support families in their tarbiyyah journey.

May Allah place barakah in these efforts, purify our intentions for His sake, and allow our homes to be spaces of tranquility, peace and goodness.





# Principal's Message: The Power of Labels

By Mr Fazeel Arain

Principal, Al Siraat College

As we walk the path of becoming a Murabbi, there can be no better guide for us than our beloved Prophet ﷺ. Allah sent him as the best of all teachers, with every incident in his life being a source of tarbiyyah for the ummah. As we commence the 2026 school year, let's reflect on the labels that we give ourselves and to others. As we learn from this story, these labels can have a profound effect.

While Rasulullah ﷺ was making hijrah (migrating from Makkah to Madinah), he took some back roads to avoid detection. These roads were not used frequently as there were robbers and bandits on those roads. Whilst on these roads, at one place there were two bandits who were called Al Muhanaan by the people. Muhaan is someone who is considered belittled, lowered and disgraced. They were given this title because everyone cursed them, hated them, avoided the path that they would walk on. Of course, no one likes people who endanger life and steal.

When Rasulullah ﷺ was passing through this area he saw these two men and struck up a conversation with them. He ﷺ asked them "Who are you?" They replied "we are al muhanaan" (the two hated and disgraced ones). Rasulullah ﷺ told them "No, you are two honoured ones" (Bal anthuma al mukramaan). You are the two respectful ones. This was something that they had never heard of before because everyone hated them and always put them down.

“

*As we walk the path of becoming a Murabbi, there can be no better guide for us than our beloved Prophet ﷺ.*



***“It is a human need to be respected.  
Every creation seeks a certain level of  
respect.”***

They were intrigued and started thinking as to who is this man that all of a sudden tells us that we are worthy of respect. Of course every human being is worthy of respect. Allah has given this honour to Bani Adam. Allah (swt) says: “And indeed, We have honoured the children of Adam.” (Qur’an 17:70)

When they heard these words from Rasulullah ﷺ, their mindsets changed. Rasulullah ﷺ started to give them da’wah (invitation) and they both accepted Islam. In this da’wah, the first thing Rasulullah ﷺ changed was the label that they were wearing. They were wearing the label of being people that everyone was going to hate and dislike because of their actions.

Look at the tarbiyyah of Rasulullah ﷺ. He ﷺ told them that you can change what you are doing and deserve honour. Often people who are involved in bad and disruptive activities develop a reputation that they feel they have to live up to. In crime related gangs, people build a reputation of brutality, fearlessness, being strong or having no limits. The reputation gets built and then they feel that they have to live up to that reputation. So one day when these people start acting kindly, people will say “Hey, what happened to

you?” Often we also wear these labels. Someone wears the label of being the clown, being naughty, being disruptive, being tough, or a label of being a rebel and so on.

It is a human need to be respected. Every creation seeks a certain level of respect; even animals demand it in their own way. This is a quality Allah has placed within us, and it does not change. The key question for us, however, is how we earn that respect. What we may think is respect—what we may think is people looking up to us—is not necessarily true respect. At times, people may be impressed by us in the moment because of certain actions, or because of a display of “coolness” or rebelliousness, but do they truly respect us? Are we someone they genuinely look up to and want to emulate? For this reason, it is important to pause and ask ourselves what label we are wearing today.



## ***“Does this label bring me closer to Allah, or does it quietly shape my behaviour away from who I am meant to be?”***

We learn the best of all labels to wear from Rasulullah ﷺ – and that is be an abd (slave) of Allah. Again and again in the Quran, Allah refers to Rasulullah ﷺ as his slave (e.g. Allah took His slave on a night journey from the Sacred Mosque to the Farthest Mosque - 17:1). Rasulullah ﷺ was given an option by Allah: you can be a king and a prophet, or if you want you can be a slave and a messenger. Rasulullah ﷺ chose to be a slave. Like we mention in tashahud: abdu-hu-warasuluh.

The duas of Rasulullah ﷺ teach us the label we need to wear. In one of the most powerful supplications—also known as Sayyidul Istighfar—we repeatedly affirm our true identity: “Allāhumma rabbī lā ilāha illā anta, khalaqtanī wa anā ‘abduk.” O Allah, You are my Lord; there is no deity except You. You created me, and I am Your slave. Through this dua, we are reminded that our greatest honour is recognising ourselves as slaves of Allah.

The story reminds us that labels are not neutral. They shape how we see ourselves, and often how we behave. Rasulullah (saw) did not begin by correcting actions — he first corrected identity.

Before we choose to follow someone, we also need to see what label they are wearing.

So let’s think about labels we are wearing and the people that we are following. This will make the difference in what we do, who we follow and who we become in shaa Allah.

May Allah (swt) guide us to make the right choices. Ameen.

Some things for all of us to reflect on:

1. What label am I wearing today — consciously or unconsciously?
2. Does this label bring me closer to Allah, or does it quietly shape my behaviour away from who I am meant to be?
3. What do we speak to students or children based on who they were yesterday, or who they can be today?

Always remember: It starts with me.



The Murabbi Video Series

Episode 1

# Foundations of Tarbiyyah



In Collaboration with

**Professor Mohamad Abdalla AM**

Founding Director, Centre for Islamic Thought and Education (CITE)

School of Education

Adelaide University

# The Murabbi Video Series

## A Prophetic Approach to Nurturing Hearts, Minds, and Character

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

The Murabbi Video Series is a monthly video series launched in January 2026 (Sha'bān 1447H) by Al Siraat College, in collaboration with Professor Mohamad Abdalla, to support parents, educators, and caregivers in nurturing children through a holistic Islamic understanding of tarbiyyah.

Rooted in principles derived from the Qur'an, with the Prophet ﷺ as the lived example of tarbiyyah, the series seeks to guide parents and educators in understanding their role, shaping character, and applying these principles in practical ways in the modern world.



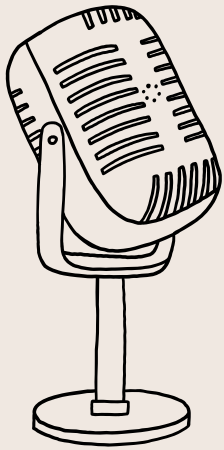
► Watch the Series

Scan the QR code or click [\*\*HERE\*\*](#) to watch

**Episode 1: Foundations of Tarbiyyah**

and access future monthly episodes in sha Allah.





# Episode 1: Foundations of Tarbiyyah

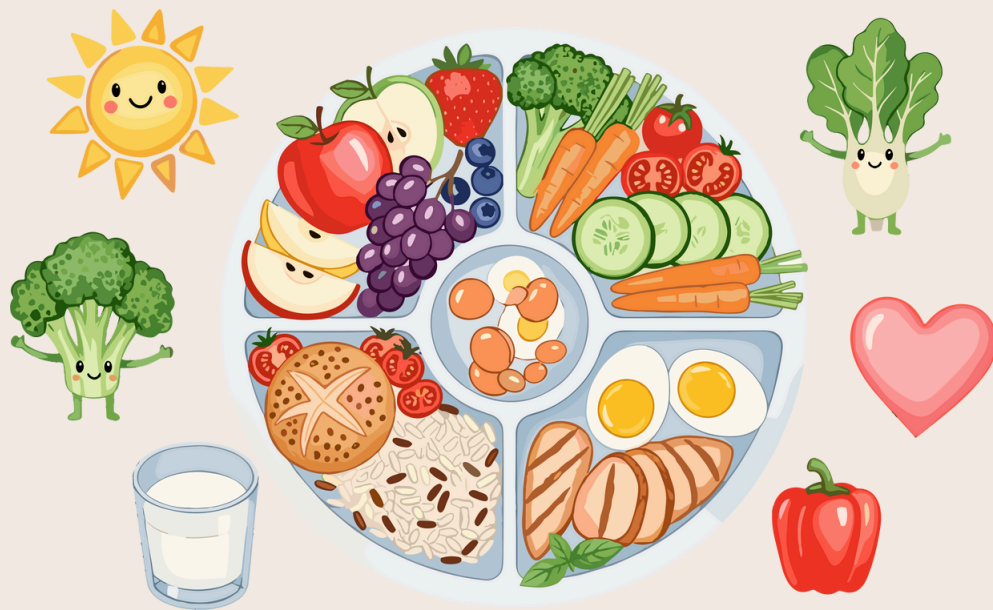
In this opening episode, Professor Abdalla presents tarbiyyah as nurturing grounded in the Qur'an and the example of the Prophet ﷺ, rather than just managing behaviour or academic outcomes.



This episode explores:

- **What tarbiyyah truly means** beyond rules, discipline, or instruction
- **Why tawheed must sit** at the heart of nurturing children
- **The goal of tarbiyyah:** knowing Allah, worshipping Him, and developing sound character
- **Why nurturing takes time,** patience, and consistency
- **The shared responsibility** of parents, schools, and the wider community

*This episode sets the foundation for the Murabbi Video Series and the discussions that will unfold throughout the year, in shā' Allāh.*



# **Q&A: Physical Tarbiyyah – Preparing the Body for Ramadan**

**by Mr Daniel Saleh**

Head of Physical Education (Primary)

Al Siraat College



***“It’s very important to prepare the body before Ramadan begins. We can’t just switch on once Ramadan starts”***

**1. As Ramadan approaches, what does physical tarbiyyah mean for families preparing their children for fasting, prayer, and late nights?**

For physical tarbiyyah, it’s really about preparing our children’s bodies in a healthy and balanced way. This starts with eating well—focusing on nutritious foods rather than processed foods like chips, biscuits, lollies, and similar snacks. Healthy eating helps prevent fatigue and difficulty coping while fasting.

Sleep is also very important. Children should be sleeping early at a reasonable time, especially understanding that tarawih prayers can run late into the night. During the day, children need good energy intake and plenty of fluids—water in particular.

It’s also best to avoid high-intensity activities and keep physical movement at a low to moderate intensity so their energy is conserved.

**2. Why is it important to adjust routines before Ramadan, rather than waiting for the month to start?**

Just like training for anything—whether it’s preparing for the gym, getting ready for a sports season, or even studying for exams—it’s very important to prepare the body before Ramadan begins. We can’t just switch on once Ramadan starts.

Preparing might include fasting a couple of days a week beforehand, adjusting sleeping patterns, and having set routines. For example, if bedtime is 9:30 pm, try to keep it consistent rather than staying up until midnight. Screen time is another key area—reducing time spent on devices helps the body rest properly.

Nutrition also plays a big role. Focusing on nutritious foods with low sugar and salt, more whole grains, and plenty of water—rather

than soft drinks and juices—helps the body cope better. When we train our bodies early, including maintaining our daily prayers on time, especially Fajr and Isha, we are much better prepared for the physical demands of Ramadan.

### **3. During Ramadan, what physical challenges do you commonly see in students, and what routines make the biggest difference?**

A lot of what children experience comes back to food choices, which are usually controlled by parents or caregivers. When children are bored—especially during school holidays—they often reach for quick and easy snacks like chips, lollies, or chocolate instead of fruit that requires preparation.

These foods give a short burst of energy, followed by a sugar spike and crash. This affects mood, focus, and behaviour. Children can become hyperactive, moody, or lose focus quickly, especially when consuming sugary foods, red fizzy drinks, and energy drinks, which have become quite common.

One helpful approach is to start with savoury foods before sugary ones. For example, crackers, cheese, or dairy before sweets can reduce the impact of sugar spikes.

Routines that make the biggest difference include having breakfast, especially when children wake early for sport or activities. Suhr doesn't need to be complicated—something simple and nutritious like whole-grain cereal is enough. Avoid sugary cereals like Coco Pops or Fruit Loops, and instead choose options like Weet-Bix, Just Right, or whole-grain cereals with honey.

Iftar is also very important. What children eat at iftar fuels them for the next day. If they fill their bodies with junk food, that's what they'll be running on the following day. Nutritious iftar meals help with energy, focus, and overall wellbeing.

### **4. How can families manage sleep and energy so children stay engaged in school, prayer, and family life?**

Sleep needs to be prioritised. This means avoiding late-night screen use. Devices should be put away, rooms kept dark, curtains closed, and noise minimised. Creating a calm sleep environment makes a big difference.



Children also need to dress appropriately for the weather so they're not uncomfortable or overheated, especially in warmer months. Hydration and eating the right foods are essential—eat well, sleep well, and energy will follow.

Ramadan is also a time to work together as a family. Praying together, helping one another, and being intentional with time helps the days pass meaningfully. While some may feel that watching TV makes time go faster, it's better to use time productively—reading Qur'an, learning hadith, checking in on elderly relatives, making phone calls, and going to the masjid more often. These habits support both physical and spiritual wellbeing.

### **5. How can parents build physical discipline without pushing children too hard or creating stress?**

Physical activity doesn't always mean organised sport. During COVID, many children learned that helping at home is also physical activity—washing the car, cutting the grass, gardening, vacuuming, hanging out the washing, or washing dishes all involve movement and effort.

What matters is how parents ask. Instead of ordering children to do chores, inviting them with kindness

—“I'd love your help”—makes a big difference. When children feel appreciated, they're more willing to help.

After iftar, families can work together to clean up quickly—washing and drying dishes, tidying together—so there's more time to enjoy being together afterwards. When one person does everything, it creates stress and reduces quality family time. Working as a team benefits everyone and reduces pressure on parents.

### **6. If families focus on just one physical habit this Ramadan, what should it be?**

Helping each other. When everyone contributes—tidying up, putting things away, maintaining the home—it creates a calm, welcoming environment. A clean and organised home helps everyone feel more relaxed and comfortable. When stress is reduced at home, it supports better worship, better moods, and better relationships. If there's one additional habit, it would be doing something simple together as a family, like going for a walk. It doesn't need to be intense—just a walk around the block together. That shared movement, time, and connection is physically beneficial and strengthens family bonds.





# **Preparing for Ramadan:**

## Reflections on Nurturing Young Hearts

**by Mr Mohammed Mayet**  
Secondary Coordinator  
Al Siraat College



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*The question that began to matter more was: What kind of relationship with Allah is forming through this month?*

As Ramadan approaches each year, I find myself asking the same quiet questions many parents ask: How do I help my children experience Ramadan in a way that draws them closer to Allah, not further away? How do I make this month meaningful without making it heavy?

Over time, I've learned that preparing children for Ramadan is less about perfect routines and more about planting small, lasting meanings in their hearts. The things that stay with them are rarely the checklists — they are the moments.

Like many parents, I used to measure Ramadan by outcomes. Who fasted the most, who prayed consistently and who stayed motivated until the end. Gradually, I realised that these

measurements didn't always reflect what was happening inside my children. The question that began to matter more was: What kind of relationship with Allah is forming through this month?

### **Bringing Ramadan into Our Homes**

Children are incredibly sensitive to tone. They may not fully understand the rulings of fasting or the virtues of prayer, but they understand emotion very well. I noticed that when Ramadan was spoken about with anticipation, Allah's mercy and hope, my children leaned in. When it was spoken about only through tiredness or pressure, they pulled away.

In our home, I try to share why Ramadan matters, that it is the month in which Allah revealed the Qur'an as guidance for humanity. When my children heard that Ramadan is about closeness to Allah, mercy, and reflection, it began to feel less like a set of rules to follow, and more like an invitation to be part of something meaningful. Small conversations, shared moments before and after Iftar or quietly praying together often had more impact than long lectures or reminders.



“

*With teenagers, intentions need to feel personal and realistic.*

### **Small Traditions That Children Remember**

One of the simplest things we did in our home was mark the days of Ramadan together. It wasn't elaborate, just a calendar with small notes opened at Maghrib. Some nights the note reminded them that Allah loves them; other nights it shared a short verse or reflection.

What surprised me most was how much my children looked forward to that moment. Maghrib became exciting even before fasting entered their world. These small, consistent traditions reminded me that children don't need complexity, they need experiences filled with meaning, repeated gently and warmly, that quietly shape their hearts Insha Allah.

### **Making Ramadan Personal Through Intentions**

I also learned that our children benefit from having their own Ramadan intentions, but only when those intentions feel achievable. With younger children, we kept goals very simple such as choosing one short Dua to say each day, helping set the table at Iftar, or trying to pray Salah so that effort felt meaningful rather than overwhelming.

As my children entered their teenage years, I noticed a shift. The eagerness of earlier years was sometimes replaced with distraction or quiet withdrawal.

With teenagers, intentions need to feel personal and realistic. We encouraged them to choose one or two meaningful goals for the month, for example, completing a short portion of Qur'an daily, performing a specific act of charity, or praying an extra rak'ah each night. Keeping it simple allowed them to experience success and motivation, rather than pressure, and gave them a sense of ownership over their Ramadan



***“Perhaps the most important lesson I’ve learned is this: love for Ibadah cannot be forced, it is nurtured.”***

### **The Qur’an as Our Companion**

One noticeable shift in our home happened when the Quraan became more present, not as a target to complete, but as a companion for the month. Even short, consistent recitation brought a calmness to our evenings. The children may not have understood every verse, but they understood that the Quraan mattered.

They were especially fascinated when they learned that the Qur’an was revealed on a specific night, Laylat al-Qadr, the Night of Power, better than a thousand months. That idea captured their imagination. It opened conversations about striving and Allah’s generosity. Laylat al-Qadr became something they looked forward to searching for together, not something they feared missing.

### **Nurturing a Love for Ibadah**

Perhaps the most important lesson I’ve learned is this: love for Ibadah cannot be forced, it is nurtured. When worship feels safe, children return to it more willingly.

I noticed that when effort was acknowledged, even when outcomes were imperfect, my children were more willing to come back to prayer. When mistakes were met with patience rather than disappointment, worship felt like a place of return, not judgement

### **Conversations About Good Deeds**

Ramadan naturally opened conversations about good deeds. My children were often fascinated by the idea that Allah multiplies rewards in this month, that even small actions are valued many times over. These conversations gently shifted focus from quantity to sincerity.

We spoke about how Allah multiplies reward in Ramadan, not to overwhelm us, but to open doors of mercy and encouragement. Gradually, my children began to see that worship is not just about rituals, it shapes our Akhlaq (character), inspires generosity and teaches them to care for others



*“If, by the end of Ramadan, our children feel that Allah is near, forgiving, and worth turning to, even imperfectly — then something beautiful has been planted.”*

### **A Reminder I Hold Onto**

Perhaps the most important reminder Ramadan gives me as a parent is this: our children are watching far more than they are listening. They observe how we speak about worship, how we respond when tired, and how we return to Allah after falling short.

Ramadan is not about raising perfect worshippers in thirty days. It is about softening hearts, nurturing love for Allah, and helping our children associate faith with mercy, balance, and hope.

If, by the end of Ramadan, our children feel that Allah is near, forgiving, and worth turning to, even imperfectly — then something beautiful has been planted.

May Allah allow this Ramadan to nurture our hearts, strengthen our homes and draw our families closer to Him Insha Allah.

اللَّهُمَّ بَارِكْ لَنَا فِي رَجَبٍ وَشَعْبَانَ وَبَلِّغْنَا رَمَضَانَ





# **The Quiet Lessons My Parents Taught Me:** Parenting through an Islamic Lens

**by Ms Sanaa Fyzoo**  
Secondary English Teacher  
Al Siraat College

***“They both returned to Allah years ago, yet their teachings live more vividly in my life now than ever. Grief has a way of sharpening gratitude.”***

When I think about the kind of parent I aspire to be, my heart always returns to the quiet moments of my childhood - moments that didn't look like lessons then but moments that have shaped every value I hold today. My parents were not scholars, lecturers, or public figures. They were gentle, ordinary people who lived extraordinary lives simply through their character. Their parenting was an embodiment of Islam long before I understood what that meant.

They both returned to Allah years ago, yet their teachings live more vividly in my life now than ever. Grief has a way of sharpening gratitude. In losing them, I realised just how profoundly they have shaped me - not through big speeches or punishments, but through the way they walked, spoke, prayed, forgave, and loved.

My mother had a way of infusing spirituality into the smallest corners of life. “Begin with Bismillah,” she would insist - not as a ritual, but as a grounding force. Whether we were about to eat, study, leave the house, or

resolve a disagreement, she reminded us to connect every action back to Allah. Her belief was simple: a child who grows with awareness of Allah carries a sense of integrity that no rulebook can create.

I didn't realise then how deeply that single phrase would anchor me. Even today, as I juggle work, parenting, and the endless responsibilities of adulthood, I hear her voice in my mind, gentle but firm, guiding me back to intention.

My father taught silently, through presence more than words. He was a man of humility - quick to listen, quick to forgive, and the first to apologise when he felt he had been unjust. Once, when I broke something precious, I approached him trembling. Instead of anger, he smiled, placed a hand on my shoulder, and said, “Objects can be replaced. Your honesty is more important.”

That moment transformed my understanding of discipline. It taught me that Islamic parenting is not built



***“If my children carry these values into their lives, then my parents’ legacy will not only endure- it will have multiplied.”***

on fear or shame; it is built on trust, mercy, and nurturing a child’s inner compass.

Both my parents modelled the Prophetic example without ever quoting it: mercy without weakness, structure without harshness, love without conditions. Their home was not perfect, but it was safe - spiritually and emotionally. They corrected with gentleness, guided with wisdom, and always reminded us that our worth came from our character, not our achievements.

Now, as a parent myself, I find their lessons echoing through the smallest decisions I make. When I pause before responding in frustration, when I kneel down to meet my child's eyes, when I say a quiet du‘a for them - I feel my parents' presence beside me. Their absence taught me something profound: parenting does not end when a parent passes on. Their values continue as long as we embody them.

Every day, I try to honour their memory by practising the same calm, consistent, faith-filled parenting they once gave me. Some days are easier than others. Some

days are tough and all I can do is make Dua for ease. Through it all, I never lose sight of my intention and the lessons my parents taught me. I pray that my children, years from now, will look back and feel held by the same quiet strength.

If there is one thing I want for my children, it is this: that they grow up with hearts soft before Allah, confident in themselves, and compassionate toward others. I hope they feel deeply loved, not for what they achieve, but for who they are and how they treat others. I make Dua that they inherit my mother’s mindfulness - that they, too, remember to begin with Bismillah.

I make Dua that they inherit my father’s softness - the kind that never confuses gentleness with weakness. And I make Dua that they inherit from me the understanding that parenting is not about perfection. It is about intention, effort, and love done for the sake of Allah.

If my children carry these values into their lives, then my parents’ legacy will not only endure- it will have multiplied.

رَبِّ أَرْحَمُهُمَا كَمَا رَبَّيَانِي صَغِيرًا

*My Lord, have mercy upon them as they raised me when I was small.*

*(Surah Al-Isrā' 17:24)*



Alumni Voices

## Honouring Our Parents

Reflections from ASC graduates on honouring their parents.

# A Tribute to Parents

by Mr Osama Akkad  
*ASC Class of 2023*

Assistant Student Leadership Coordinator, Alumni Development  
Lead & DAV Debate Coordinator

I did not know, when I was young,  
How deep your quiet lessons rung.  
I thought that love was shown through gain,  
Through having more, avoiding pain.

I asked for things I thought were mine,  
Convinced they fit the “proper time.”  
I pleaded, reasoned, pushed my case,  
Certain my logic won the race.

When “everyone does this” left my tongue,  
Your answer stayed both firm and young.  
“It’s not our concern,” you’d say,  
And gently turn my gaze away.

At times that phrase felt hard, severe,  
A closed-off door I couldn’t clear.  
I thought you didn’t see my need,  
Or trust my heart to take the lead.

But time has taught me what you saw:  
Not every want deserves a door.  
Some “no’s” are shields we can’t yet see,  
Protecting who we’re meant to be.



You weren't denying joy or trust,  
You weighed what helps against what must.  
You knew that trends that feel so right  
Can pull a soul off course at night.

And yet, you were always standing near,  
With open hearts ready to hear.  
Even when patience felt all spent,  
You stayed, you listened, never bent.

Sometimes I came with the same old weight,  
Said it again, even when it was late.  
You'd listen anyway, tired or not,  
Like my words were all you got.

When I felt lost, didn't know my place,  
Not sure of myself, not sure of my space,  
You didn't turn it into right or wrong,  
You just stayed with me, and stayed so long.

From marks and exams, pressure I held,  
To thoughts I kept, unsure how to tell,  
Or nights I just needed my head to clear,  
You were always there just lending an ear.  
Not perfect answers, nothing rehearsed,  
Just honest words when things got worse.

The Qur'an was taught, slow and steady,  
Not rushed, not pushed, not ever petty.  
You didn't treat it like a chore,  
You made it feel like something more.  
You showed me worship isn't what's left,  
It's what you give when you're already stretched.

Salah stayed constant through our life,  
Even when you were tired through every strife.  
Akhlaq wasn't just rules you'd say,  
It was how you acted, every day.

Now I see what I missed back then,  
Tarbiyyah is a journey, not a trend.  
It's a seed you planted, quiet and small,  
Nurtured by habits, by values, by all.

So to the parents who feel worn out and unsure,  
Still wondering if what you do is worth more —  
That “no” you give, that stance you hold,  
Might be saving them from a story untold.

Your child won't understand, not at the time,  
Won't say thank you, will see it a crime.  
But one day they'll look back and realise  
The doors you closed became their prize.

So thank you — for staying when it was hard,  
For loving enough to always be on guard.  
For every limit, every stand,  
For choosing what I couldn't understand.

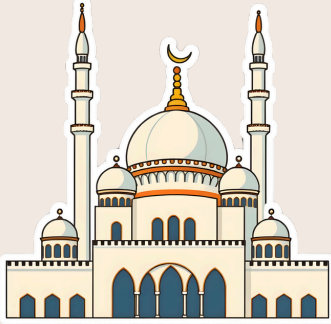
For listening longer than felt fair,  
For being there — just being there.  
I didn't see it all back then,  
But I carry it with me to the end.

**Jazakum Allahu Khairan, from my heart sincere,  
For every lesson, every love, and every single tear.**

# My Parents' Legacy: Building a Love for Salah

by Ms Aazaz Adra  
*ASC Class of 2020*

Secondary English Teacher



***Abu Huraira reported: The Messenger of Allah, peace and blessings be upon him, said, “The first action for which a servant of Allah will be held accountable on the Day of Resurrection will be his prayers. If they are in order, he will have prospered and succeeded. If they are lacking, he will have failed and lost.***

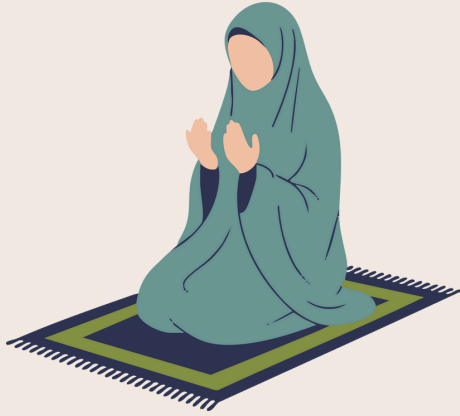
***Sunan al-Tirmidhī 413***

One of my earliest memories of childhood was learning to pray. My Mum and Dad taught me each step, from performing Wudu and making the right intention to understanding each component of Salah. From a young age, praying five times a day wasn't just encouraged; it was part of who I was becoming. Salah was always a priority, no matter what else was happening around me.

Praying consistently grounded me in faith. It helped me align my intentions and actions with the guidance of Allah SWT. It became a habit that gave structure to my day and encouraged mindfulness of Allah SWT even in busy moments. That routine shaped my values in ways I only recognise now.

In those early years, prayer followed a clear routine, allowing me to connect with our Creator and to seek His guidance. Growing up with Salah as part of my day meant it never felt foreign. It became woven into my life before I could fully appreciate its meaning.

As I grew older, this practice became instinctive. During Year 12 in 2020, while staying up late to finish an essay and feeling exhausted, Salah remained natural and important. It gave me peace, even when everything else felt stressful. That moment made me understand the Tarbiyyah my parents had given me.



***Umm Farwah reported: The Prophet, peace and blessings be upon him, was asked, “Which deeds are best?” The Prophet said, “Prayer at the beginning of its time.”***

***Source: Sunan al-Tirmidhī 170***

They taught me to turn to Allah SWT and make prayer a priority, even when life felt overwhelming. What had once been routine became something I could rely on, helping me take responsibility and grow in independence.

Reflecting now, I am grateful for my parents’ perseverance. The practice of prayer has stayed with me from an early age. From the sound of the Athaan to my Dad leading Salah as I prayed beside my Mum, these experiences remain alive in me today.

Now, Salah continues beyond the home. Whether on a train, in a café, or during a shopping trip, prayer remains something I instinctively hold onto and prioritise.

The guidance and encouragement you give hold up the foundation of your child’s character, just like those early moments in my childhood. This support carries them through life, helping them grow and stay grounded in all they do.

Alhamdulillah for the blessing of Islam and the opportunity I had.

# All the little things

by Ms Aishah Arain  
*ASC Class of 2020*

ASC Legal Support Officer

رَبِّ اَرْحَمُهُمَا كَمَا رَبَّيَّانِي صَغِيرًا (Qur'an 17:24)

“My Lord, have mercy upon them as they raised me when I was small.”

## **I am one, maybe two**

When my mother notices with dismay  
That there aren't enough lullabies  
With Allah's names

So she sits down and writes  
Her own songs and tunes  
And the family sings them together  
On warm afternoons

We sing of the beauty  
Of the world and its delights  
And how if you listen very carefully  
You can hear Allah's invite

It is teaching made easy  
I learn of prophets and prayer  
Best of all, it is fun  
And filled with much love and care

**I am three, maybe four**

And from work my father returns  
Carrying with him small gifts  
For us to enjoy without concerns

And he beckons us around him  
When he has something sweet  
In turns he feeds us  
A yummy, nice treat

We enjoy his affection  
And his attention and love  
His thoughtfulness and energy  
To spend time with us

Tarbiyah is broader than you think  
It's a collection of all the little things  
That make a family happy and content  
Like laughter that freely rings

**I am five, maybe six,**

And the world is still new  
I have so many questions  
Every when, why and who

My parents take time to answer  
And ask me questions of their own  
Of how one sees the world  
When they're not yet fully grown

I'm a chatterbox and blabbermouth  
With countless stories to share  
And I'm afforded a listening ear  
To speak all that I wish to declare

And they set for me a perfect example  
Of how to guard my tongue  
They never swear or curse at all  
Even when they're angry or high strung

**I am seven, maybe eight**

And food is ready to be served  
But in our house we have no dinner table  
So how will our meal be observed?

It's really quite simple  
And an opportunity to revive a sunnah  
We spread out a sheet  
We eat on the sufra

We begin with bismillah  
And kindly remind those who forget  
It's a simple meal we share together  
But with family, it feels like a banquet

**I'm nine, maybe ten,**  
And it's time for Taleem  
We sit and discuss  
The wealth of our deen.

And though we may giggle  
And laugh and find mirth  
In every little cough  
And unfunny verse

We are present together  
And learn more about Islam  
As a family we reflect  
In a short daily program



Teach your children of Allah from an early age,  
And Allah will guard your place,  
He will place in their hearts respect for you  
And your rights won't be debased

Tarbiyah is more than a lecture  
Or making sure children have good grades  
It's a happy home and a strong identity  
That carries on for decades

You see, in the habits we keep  
Are many little eyes  
Learning early how to act  
And what to prioritise

it may be easy to miss  
How your routine becomes their own  
They listen to your words  
But it is your actions that they clone

So let us raise our hands in dua  
And pray that our children grow  
To become people of good character  
Through the actions that we sow



# Prophetic Parenting Series

Theme: Correcting Our Children's Mistakes



***Then, the Prophet ﷺ placed his hand on him and he said, “O Allah, forgive his sins, purify his heart, and guard his chastity.”***

One of the strongest lessons in prophetic parenting is how the Prophet ﷺ dealt with serious mistakes and difficult questions — especially from young people. He showed that correction does not require harshness, and that guidance is most effective when the heart feels safe.

Abu Umamah reported: A young man came to the Prophet ﷺ and he said, “O Messenger of Allah, give me permission to commit adultery.”

The people turned to rebuke him, saying, “Quiet! Quiet!” The Prophet said, “Come here.” The young man came close and he told him to sit down.

The Prophet ﷺ said, “Would you like that for your mother?” The man said, “No, by Allah, may I be sacrificed for you.” The Prophet said, “Neither would people like it for their mothers. Would you like that for your daughter?” The man said, “No, by Allah, may I be sacrificed for you.” The Prophet said, “Neither would people like it for their daughters. Would you like that

for your sister?” The man said, “No, by Allah, may I be sacrificed for you.” The Prophet said, “Neither would people like it for their sisters. Would you like that for your aunts?” The man said, “No, by Allah, may I be sacrificed for you.”

The Prophet said, “Neither would people like it for their aunts.” Then, the Prophet placed his hand on him and he said, “O Allah, forgive his sins, purify his heart, and guard his chastity.” After that, the young man never again inclined to anything sinful. (Musnad Aḥmad)

This was not a minor mistake, yet the Prophet ﷺ did not react with anger, did not embarrass the young man, and did not reduce the issue to rules alone. Children and young people will ask difficult questions and face real temptations.

Our role is not only to set boundaries, but to protect their hearts. When correction is rooted in mercy, children learn that Islam guides and supports them — it does not push them away.

# 5 Recommendations When Correcting Our Children's Mistakes



## 1. Build trust before challenges arise

The young man approached the Prophet ﷺ because he felt safe and trusted him. Strong bonds are built in calm moments, so children know where to turn when they struggle.



## 2. Stay calm when they open up

The Prophet ﷺ did not panic or shame the young man. He listened first. A calm, compassionate first response keeps communication open.



## 3. Explain right and wrong in a way they understand

The Prophet ﷺ did not permit the sin, but made its impact clear by asking the young man to imagine it happening to those he loved. Parents should explain halal and haram clearly, making it relatable without compromising Islamic boundaries.



## 4. Support guidance with du‘a

After advising the young man, the Prophet ﷺ made du‘ā for him. Advice alone is not enough — hearts are guided by Allah.



## 5. Understand the world they are growing up in

Our children are exposed to influences and content we may never have faced. Effective correction requires awareness of their digital, social, and cultural realities, so guidance is relevant, protective, and grounded in wisdom.





# **Revive a Sunnah Together Series**

**RAMADAN EDITION**



# Etiquette of Ramadan

## 1. Seeking Istighfār Before Dawn

Allah ﷻ says:

“And those who seek forgiveness before dawn.”  
(Qur'an 3:17)

The early hours before Fajr are a special time of mercy. Even a few quiet moments of Astaghfirullāh at suḥūr revive this Sunnah and soften the heart.



## 2. Prioritising Congregational Prayer at the Masjid

The Prophet ﷺ taught that prayer performed in congregation is twenty-seven times more rewarding than prayer offered alone (Bukhari and Muslim).

Ramadan is an ideal time to re-centre life around the masjid. Prioritising the fardh prayers in congregation — even once a day — revives a Sunnah that builds discipline, humility, and a sense of belonging to the Muslim community.



## 3. Taking Suḥūr

The Messenger of Allah ﷺ said: “Take suḥūr, for indeed there is blessing in suḥūr.” (Sahih al-Bukhari and Sahih Muslim)

Suḥūr does not need to be elaborate. Dates, water, and presence are enough to revive this blessed Sunnah.



#### 4. Making Du‘a at Iftar (Before and After Eating)



The Messenger of Allah ﷺ said: “Indeed, the fasting person has a supplication at the time of breaking the fast that is not rejected.” (Ibn Mājah)

The Sunnah du‘ā’ after breaking the fast:

ذَهَبَ الظَّمَأُ، وَابْتَلَّتِ الْعُرُوقُ، وَتَبَّتِ الْأَجْرُ إِن شَاءَ اللَّهُ

Meaning: “The thirst has gone, the veins are moistened, and the reward is assured, if Allah wills.” (Abu Dawud)

Encouraging our children to pause for du‘a before and after ifṭar teaches them that Ramadan is not centred on food, but on turning to Allah at moments of need and gratitude.



#### 5. Observing I‘tikāf

Aishah (رضي الله عنها) reported: “The Prophet ﷺ used to observe i‘tikāf in the last ten nights of Ramadan.” (Sahih Muslim)

I‘tikāf teaches us the value of stepping away from distractions to focus on Allah, especially in the most precious nights of Ramadan. Not everyone is able to observe full i‘tikāf. However, the spirit of i‘tikāf can still be honoured by spending more time in the masjid, even if it is just for a short while.

#### 6. Seeking Laylatul Qadr in the Last Ten Nights



The Prophet ﷺ said: “Seek Laylatul Qadr in the last ten nights of Ramadan.” (Sahih al-Bukhari and Sahih Muslim)

When ‘Ā’ishah (رضي الله عنها) asked what du‘ā’ to make if she found Laylatul Qadr, the Prophet ﷺ taught her:

اللَّهُمَّ إِنَّكَ عَفُوفٌ تُحِبُّ الْعَفْوَ فَاعْفُ عَنِّي

Meaning:

“O Allah, You are Most Forgiving, and You love forgiveness, so forgive me.”

(At-Tirmidhi)





# Sunnah Storytime

## Guarding Our Words in Ramadan

*How to use this page: Read this story aloud with your child, then pause and discuss the questions at the end.*

The Prophet Muhammad ﷺ taught his companions something very important about fasting. He wanted them to understand that fasting is not only about staying away from food and drink — it is also about how we behave and how we speak.

The Prophet ﷺ said: *“Fasting is a shield. So when one of you is fasting, let him not use foul language or behave ignorantly. If someone insults him or fights him, let him say: ‘I am fasting.’”* (Sahih al-Bukhari and Sahih Muslim)

A shield is something that protects you. The Prophet ﷺ was teaching us that fasting protects our hearts from anger and our tongues from saying things we may later regret. When someone tries to make us angry, we are taught not to shout back, not to argue, but to pause and remember: I am fasting.

The Prophet ﷺ also warned us about something very serious. He said: *“Whoever does not give up false speech and acting upon it, Allah has no need of him leaving his food and drink.”* (Sahih al-Bukhari)

This teaches us that if a person continues to lie, insult others, or speak badly while fasting, they may be missing the real purpose of fasting. Allah does not want us to feel hungry just for the sake of it — He wants us to grow better in our character.

The Prophet ﷺ did not only warn us about harmful speech. He also showed us how powerful good words can be. He ﷺ said: *“Whoever believes in Allah and the Last Day, let him speak good or remain silent.”* (Sahih al-Bukhari)

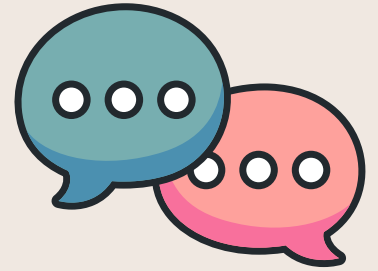
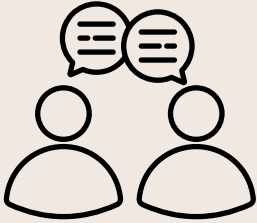
This teaches us that when we are unsure what to say, choosing silence can itself be an act of worship.

The Prophet ﷺ also said: *“A servant may utter a word that pleases Allah without thinking much of it, and Allah raises him in rank because of it.”* (Sahih al-Bukhari)

A kind word, an apology, or a gentle response — even something small — can be greatly loved by Allah and bring a person closer to Him.

# Guided Conversation Prompts

(Choose what suits your child's age)



## Ages 4-7

- What should we do if we feel grumpy with our brother or sister when we're fasting?
- What kind words can we use with Mum or Dad when we feel tired?
- If someone takes your toy or annoys you, what can you say instead of shouting?
- Can you think of one kind thing you can say to someone in our family today?

## Ages 8-11

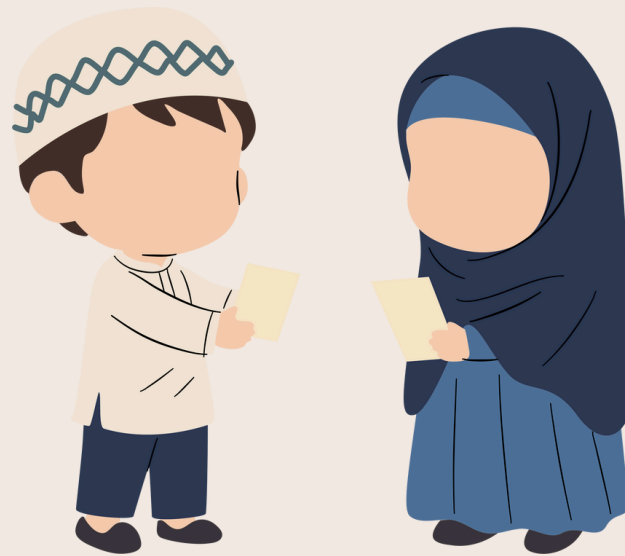
- What words do kids sometimes say to friends when they're tired or hungry?
- How can saying "I am fasting" help you stop and think before speaking?
- What happens when friends argue during Ramadan? How could words make it better?
- What kind words could you use today at school or at home?

## Ages 12-15

- When do you feel most annoyed with friends or siblings during Ramadan?
- What usually happens when people speak in anger during arguments?
- How could pausing for a few seconds change what you say to your parents or friends?
- What is one type of speech you want to work on this Ramadan (e.g. sarcasm, snapping, teasing)?

## Teens (16+)

- Which relationships are hardest to manage when you're fasting?
- How can guarding your words improve friendships and family relationships?
- Why do you think the Prophet ﷺ connected fasting with controlling speech?
- What is one speech habit you want to improve with friends or family this Ramadan?



# FAMILY ACTIVITY CORNER



# Ramadan Planner for Families

Ramadan is a blessed month in which Allah opens the doors of mercy and invites our hearts to return to Him. It is a time for strengthening our connection with Allah, nurturing good character, and growing together as families through worship, reflection, and sincere effort.

To support this, we are sharing a Ramadan Planner that families can use throughout the month to bring structure, intention, and consistency into daily worship and family routines.

This planner is designed to be practical and flexible. It includes:

- Daily prayer and Qur'an tracking
- Simple deeds of the day for individuals and families
- Du'a, adhkār, and reflective reminders
- Space to nurture gratitude, consistency, and good character

Scan the QR code or click [HERE](#) to access the Ramadan Planner.

## 1 Ramadan

Hadith of the Day

Whoever seeks forgiveness for every male and female believer, Allah will record a good deed for him for every male and female believer. [Tabarani]

DAY | MONTH | DATE  
(Example: Friday | April | 24 )

Deed of the Day

Purify our intentions to perform our fast and good deeds for the sake of Allah and take a minute or two today to seek Allah's forgiveness for all the believers.

Prayer Tracker	Qur'an Tracker	Daily Checklist
FAJR		<input type="checkbox"/> Morning Adhkar
SUNNAH		<input type="checkbox"/> Evening Adhkar
DHUHR		<input type="checkbox"/> Istighfar at least 70 times
SUNNAH	Verse(s)	<input type="checkbox"/> Sgukr: Say Alhamdulillah
'ASR		<input type="checkbox"/> Give Charity
SUNNAH		<input type="checkbox"/> Random Act of Kindness (examples on page 41)
MAGHRIB		<input type="checkbox"/> Recite Al Qur'an & Tadabbur
SUNNAH	Surah(s)	<input type="checkbox"/> Deed of the Day
ISYA'		<input type="checkbox"/> Adhkar before Sleep (refer to page 42 - 43)
TARAWEEH		
WITR	Juz(s)	
TAHAJJUD		
DUHA		

Du'a of the Day

رَبَّنَا اغْفِرْ لِي وَلِوَالِدَيَّ وَلِلْمُؤْمِنِينَ يَوْمَ يَقُومُ الْحِسَابُ

Our Lord, Forgive me, and my parents, and the believers on the Day of Accounting.  
[Ibrahim, 14:41]



# Colouring Page

*Gather Your Children and Colour Together!*





# Family Quiz Corner



**Gather your family, test your knowledge and have fun learning together! Find the answers in the next edition of The Murabbi Magazine!**

**1. Which month was the Qur'aan first revealed?**

- Ramadhan
- Muharram
- Dhul Hijjah

**2. What is the special night in Ramadhan that is better than a thousand months?**

- Laylatul Qadr
- Laylatul Mi'raj
- Laylatul Jumu'ah

**3. What do Muslims say when they see the new moon of Ramadhan?**

- Allahumma ahillahu 'alaynā bil-amni wal-īmān (O Allah, bring it upon us with safety and faith)
- SubhanAllahi wa bihamdihi (Glory be to Allah and praise be to Him)
- Rabbana la tuzigh qulubana (Our Lord, do not let our hearts deviate after You have guided us)



**Family Quiz (December 2025 Edition) – Answers**

**1. Which surah is the longest in the Qur'aan?**

- ✓ Surah Al-Baqarah

**1. Which action did the Prophet (Peace Be Upon Him) say is considered a charity?**

- ✓ Smiling at another person

**1. Which Prophet (Peace Be Upon Him) was known as the Friend of Allah (Khalīlullāh)?**

- ✓ Prophet Ibraheem (AS)

# ***The Murabbi Family Challenge – Prizes Await!***

## Ramadan Goals Snapshot



This Ramadan, we invite you and your family to come together and set three Ramadan goals. These could focus on areas such as prayer, Qur'aan, adab, or kindness.

Write your goals clearly on paper or a poster and display them at home where everyone can see them throughout the month. Once completed, take a photo of your family goals display.

Send in your photo with a short caption, such as:

“Our family Ramadan goals are to attend Taraweeh prayer together and read Qur'aan daily for 15 minutes.”

**Email your entry to [themurabbi@alsiraat.vic.edu.au](mailto:themurabbi@alsiraat.vic.edu.au).**

The winner will receive a family gift pack!

**Deadline for Submission: 28 February 2026**





AL SIRAAT  
COLLEGE

# THE MURABBI

NURTURING THROUGH PROPHETIC PARENTING

*“The best of you are the best to their families, and I am the best to my family.”*

- Prophet Muhammad ﷺ

(Sunan al-Tirmidhī 3895)